Advanced Mentoring for Experienced Mentors - Schedule Outlines

This course has 25 guided learning hours (GLH) of tutor-supported learning on the online FutureLearn platform and in Zoom sessions which are at set times during the week on Wednesday, Thursdays, and Fridays. Please find the exact dates and times below.

Please note: you will be asked to select which day(s) and time(s) as your preference and we will do our best to accommodate this.

Schedule Outline for Advanced Mentoring for Experienced Mentors - Wednesday

For learners in the **morning slot,** the session will start at 10am on each Wednesday as listed and last for the time shown in the table.

For learners in the **afternoon slot,** the session will start at 2pm on each Wednesday as listed and last for the time shown in the table.

Delivery w/c	Module	Topic	GLH	Mode
Wednesday 19th October 22	0	FL course opens – online welcome and introductions		
Wednesday 26th October 22 Half term		**Course familiarisation (learner directed):** • Welcome to the programme and online study group (Community of Practice). • Refresher on self-awareness tools and techniques. • Begin Reflective Journal and Personal • Development Planning.	2	2hrs FL
Wednesday 2nd November 22	2	**Familiarisation tutorials (one-to-one)**	0.5	0.5 Zoom
Wednesday 9th November 22	3	**Course Intro and Recap Content:** • Recap on underpinning concepts of mentoring. Examination ideas around self-awareness, a Community of Practice,	2.5	1.0hr FL 1.5hrs Zoom

		reflection, mentoring attributes and reflective practice		
Wednesday 16th November 22	4	**Models of Mentoring:** • Introduce models of mentoring and theoretical perspectives. • Work in Community of Practice groups exploring the benefits and challenges of different approaches (developmental, judgemental, transformative)	2.5	1.0hr FL 1.5hrs Zoom
Wednesday 23rd November 22	5	**Personal Model of Mentoring:** • Using the models and principle to build a model of mentoring that works in an individual's context. • Working with a Community of Practice to share ideas and best practice. • Reflective practice and PDP work to build on self-awareness and application of theory to an individual's own context.	3.0	3.0hrs FL and reflective practice
Wednesday 30th November 22	6	**The Role of Supervision:** • Introduce the concepts of professional supervision for mentors. • Examine aspects of theory that are relevant to own context. • Reflective practice, Community of Practice and PDP extension to develop a better understanding of own needs	2.5	1.0hr FL 1.5hrs guided private study
Wednesday 7th December 22	7	**Reflective practice and Supervision (Part 1):** • Preparation for a supervision session. • Supervision sessions with a trainer	1.5	0.5 FL 1hr one-to-one trainer supervision (Zoom)
Wednesday 14th December 22	8	**Reflective practice and Supervision (Part 2):** • Supervision in Pairs/Triads to try peer supervision • Reflective group activity	1.5	1.5 hr peer supervision (Zoom)
Wednesday 11th January 23	9	**Reflections on practice: Giving and receiving feedback on skills in use:** • Using triads to practice giving and receiving feedback • Using reflective and reflexive practice and to build on self-awareness for development of practice	2.5	1 FL 1.5 hrs Zoom
Wednesday 18th January 23	10	**Action Learning Set 1**	1.5	1.5hrs Zoom

Delivery w/c	Module	Topic	GLH	Mode
		• Action Learning Set (ALS) protocols, skills and management • Undertake first ALS within individual Community of Practice tutor group		
Wednesday 25th January 23	11	**Evaluation of Project Impact:** • Identifying ways of evaluating the impact of participant's own mentoring (on self and others)	1	1.0hrs FL
Wednesday 1st February 23	12	**Action Learning Set 2** • Undertake second ALS within individual Community of Practice tutor group	1.5	1.5hrs Zoom
Wednesday 8th February 23	13	**Reflective Practice: gathering and using feedback for next steps:** • Using qualitative reflections and quantitative data to evaluate the impact of personal learning. • Consider approaches to ending mentoring relationships • Prepare for how participants will carry forward the learning from this programme	2.5	1hr FL 1.5hrs Zoom
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Schedule Outline for Advanced Mentoring for Experienced Mentors - Thursday

The session will start at **10am on each Thursday** as listed and last for the time shown in the table.

Delivery w/c	Module	Topic	GLH	Mode
Thursday 20th October 22	0	FL course opens – online welcome and introductions		
Thursday 27th October 22 Half term		**Course familiarisation (learner directed):** • Welcome to the programme and online study group (Community of Practice). • Refresher on self-awareness tools and techniques. • Begin Reflective Journal and Personal • Development Planning.	2	2hrs FL

Thursday 3rd November 22	2	**Familiarisation tutorials (one-to-one)**	0.5	0.5 Zoom
Thursday 10th November 22	3	**Course Intro and Recap Content:** • Recap on underpinning concepts of mentoring. Examination ideas around self-awareness, a Community of Practice, reflection, mentoring attributes and reflective practice	2.5	1.0hr FL 1.5hrs Zoom
Thursday 17th November 22	4	**Models of Mentoring:** • Introduce models of mentoring and theoretical perspectives. • Work in Community of Practice groups exploring the benefits and challenges of different approaches (developmental, judgemental, transformative)	2.5	1.0hr FL 1.5hrs Zoom
Thursday 24th November 22	5	**Personal Model of Mentoring:** • Using the models and principle to build a model of mentoring that works in an individual's context. • Working with a Community of Practice to share ideas and best practice. • Reflective practice and PDP work to build on self-awareness and application of theory to an individual's own context.	3.0	3.0hrs FL and reflective practice
Thursday 1st December 22	6	**The Role of Supervision:** • Introduce the concepts of professional supervision for mentors. • Examine aspects of theory that are relevant to own context. • Reflective practice, Community of Practice and PDP extension to develop a better understanding of own needs	2.5	1.0hr FL 1.5hrs guided private study
Thursday 8th December 22	7	**Reflective practice and Supervision (Part 1):** • Preparation for a supervision session. • Supervision sessions with a trainer	1.5	0.5 FL 1hr one-to-one trainer supervision (Zoom)
Thursday 15th December 22	8	**Reflective practice and Supervision (Part 2):** • Supervision in Pairs/Triads to try peer supervision • Reflective group activity	1.5	1.5 hr peer supervision (Zoom)
Thursday 12th January 23	9	**Reflections on practice: Giving and receiving feedback on skills in use:** • Using triads to practice giving and receiving feedback	2.5	1 FL 1.5 hrs Zoom

Delivery w/c	Module	Topic	GLH	Mode
		• Using reflective and reflexive practice and to build on self-awareness for development of practice		
Thursday 19th January 23	10	**Action Learning Set 1** • Action Learning Set (ALS) protocols, skills and management • Undertake first ALS within individual Community of Practice tutor group	1.5	1.5hrs Zoom
Thursday 26th January 23	11	**Evaluation of Project Impact:** • Identifying ways of evaluating the impact of participant's own mentoring (on self and others)	1	1.0hrs FL
Thursday 2nd February 23	12	**Action Learning Set 2** • Undertake second ALS within individual Community of Practice tutor group	1.5	1.5hrs Zoom
Thursday 9th February 23	13	**Reflective Practice: gathering and using feedback for next steps:** • Using qualitative reflections and quantitative data to evaluate the impact of personal learning. • Consider approaches to ending mentoring relationships • Prepare for how participants will carry forward the learning from this programme	2.5	1hr FL 1.5hrs Zoom
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Schedule Outline for Advanced Mentoring for Experienced Mentors – Friday

The session will start at **10am on each Friday** as listed and last for the time shown in the table.

Delivery w/c	Module	Topic	GLH	Mode
Friday the 21st October 22	0	FL course opens – online welcome and introductions		

Friday the 28th October 22 Half term		**Course familiarisation (learner directed):** • Welcome to the programme and online study group (Community of Practice). • Refresher on self-awareness tools and techniques. • Begin Reflective Journal and Personal • Development Planning.	2	2hrs FL
Friday the 4th November 22	2	**Familiarisation tutorials (one-to-one)**	0.5	0.5 Zoom
Friday the 11th November 22	3	**Course Intro and Recap Content:** • Recap on underpinning concepts of mentoring. Examination ideas around self-awareness, a Community of Practice, reflection, mentoring attributes and reflective practice	2.5	1.0hr FL 1.5hrs Zoom
Friday the 18th November 22	4	**Models of Mentoring:** • Introduce models of mentoring and theoretical perspectives. • Work in Community of Practice groups exploring the benefits and challenges of different approaches (developmental, judgemental, transformative)	2.5	1.0hr FL 1.5hrs Zoom
Friday the 25th November 22	5	**Personal Model of Mentoring:** • Using the models and principle to build a model of mentoring that works in an individual's context. • Working with a Community of Practice to share ideas and best practice. • Reflective practice and PDP work to build on self-awareness and application of theory to an individual's own context.	3.0	3.0hrs FL and reflective practice
Friday the 2nd December 22	6	**The Role of Supervision:** • Introduce the concepts of professional supervision for mentors. • Examine aspects of theory that are relevant to own context. • Reflective practice, Community of Practice and PDP extension to develop a better understanding of own needs	2.5	1.0hr FL 1.5hrs guided private study
Friday the 9th December 22	7	**Reflective practice and Supervision (Part 1):** • Preparation for a supervision session.	1.5	0.5 FL 1hr one-to-one trainer supervision (Zoom)

		• Supervision sessions with a trainer		
Friday the 16th December 22	8	**Reflective practice and Supervision (Part 2):** • Supervision in Pairs/Triads to try peer supervision • Reflective group activity	1.5	1.5 hr peer supervision (Zoom)
Friday the 13th January 23	9	**Reflections on practice: Giving and receiving feedback on skills in use:** • Using triads to practice giving and receiving feedback • Using reflective and reflexive practice and to build on self-awareness for development of practice	2.5	1 FL 1.5 hrs Zoom
Friday the 20th January 23	10	**Action Learning Set 1** • Action Learning Set (ALS) protocols, skills and management • Undertake first ALS within individual Community of Practice tutor group	1.5	1.5hrs Zoom
Friday the 27th January 23	11	**Evaluation of Project Impact:** • Identifying ways of evaluating the impact of participant's own mentoring (on self and others)	1	1.0hrs FL
Friday the 3rd February 23	12	**Action Learning Set 2** • Undertake second ALS within individual Community of Practice tutor group	1.5	1.5hrs Zoom
Friday the 10th February 23	13	**Reflective Practice: gathering and using feedback for next steps:** • Using qualitative reflections and quantitative data to evaluate the impact of personal learning. • Consider approaches to ending mentoring relationships • Prepare for how participants will carry forward the learning from this programme	2.5	1hr FL 1.5hrs Zoom
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