

PERSONAL DEVELOPMENT

Activities Cards



DATE: OCTOBER 2024

Instructions

Watch the video on Personal Development . In the section on 'Intent' there is an opportunity to pause the video and complete the flashcard activity. Consider:

If you had the opportunity to develop a new programme today, where would you start?

- What would your priorities be?
- How would you shape your curriculum?
- What would you include?

Use the Flash Cards and paper, add any missing topics to the blank cards



**Sexual
Harassment**



Safeguarding



**Online
Safety**



**Health
& Safety**



**Risky
Behaviours**



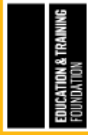
**Risk
Management**



**Safe Working
Practices**



GDPR



Democracy



Equality



LGBTQIA+



Diversity



Disability & Access



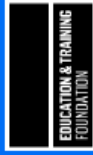
Inclusion



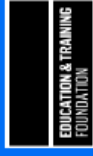
Equitability



Respect & Tolerance



Unhealthy Relationships



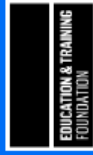
Professional Relationships



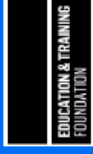
Influencers



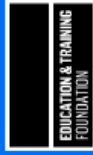
Personal Relationships



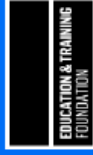
Support Networks



Friendships



Virtual Relationships



Healthy Relationships



**Environmental
Health**



Sustainability



**Reduce, Reuse,
Recycle**



**Climate
Change**



Pollution



Net Zero



Food Security



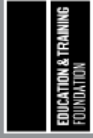
Renewables



Charities



Social Responsibility



Community



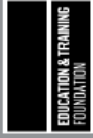
Social Impact



Digital Citizenship



Conservation



Migration



Volunteering



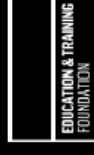
Ideology



**Law &
Liberty**



**Financial
Literacy**



**Terrorism &
Radicalisation**



**Artificial
intelligence**



**Values
& Beliefs**



**Financial
Health**



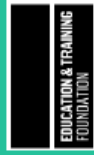
**Employment Rights
& Responsibilities**



**Emotional
Health**



**Healthy
Lifestyle**



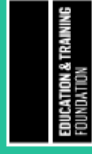
**Mental
Health**



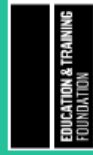
Wellbeing



**Stress &
Anxiety**



**Growth
Mindset**



**Diet, Drugs
& Alcohol**



**Physical
Health**



**CVs &
Interviews**



**Career
Goals**



**SMART
Targets**



Mentoring



**Next & Future
Steps**



Soft Skills



**Reflective
Practice**



Team Work

FUNDED BY



APPRENTICESHIP WORKFORCE DEVELOPMENT IS DELIVERED BY:



SDN

