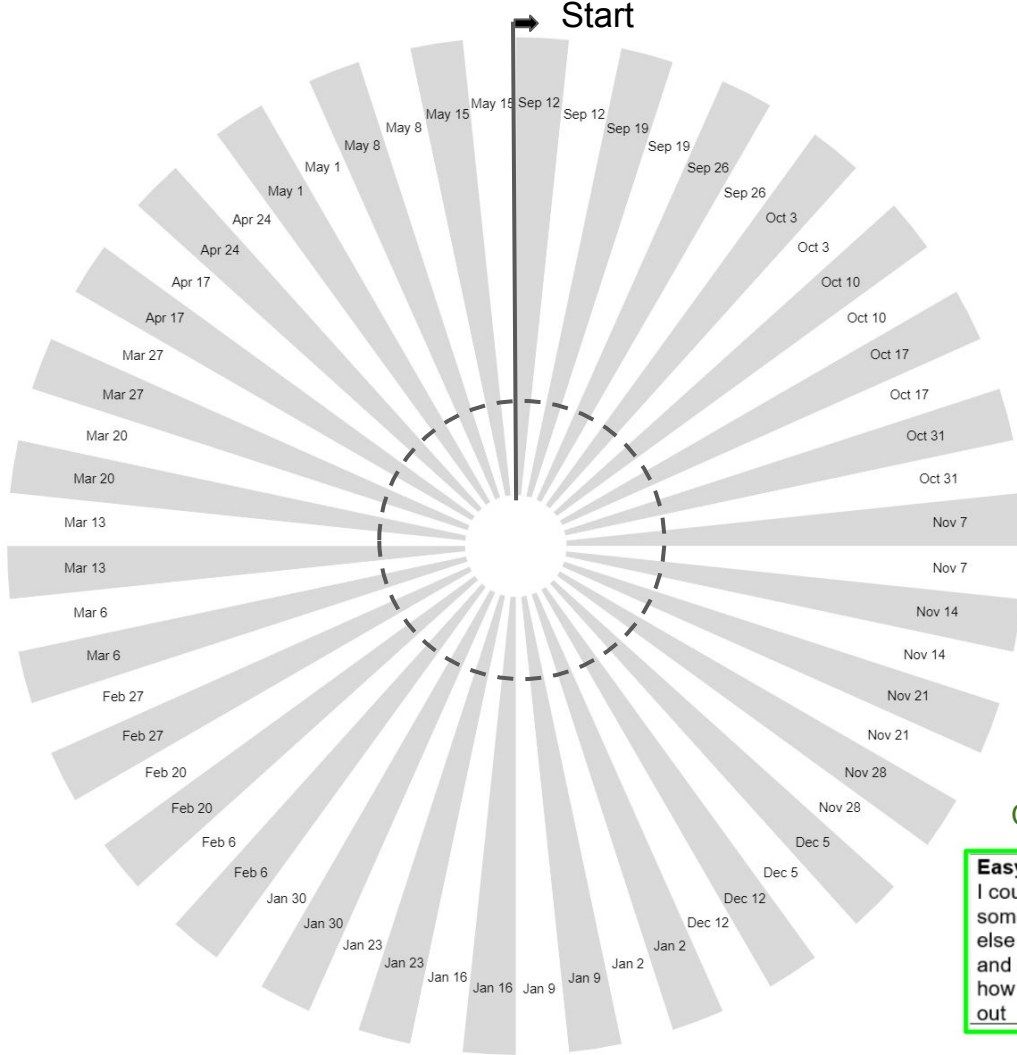




For each lesson:

- **At the start** - write the topic of the lesson in the topic tracker booklet.
- **After the diagnostic questions** - are you in the comfort, growth or anxiety zone? Mark the booklet and colour in the pie slice from the centre to the dotted line green, amber or red.
- **At the end** of the lesson - how did you spend most of the lesson? In the green, amber or red? Colour in the rest of the pie slice.

Comfort Zone

Growth Zone

Anxiety Zone

Easy I could help somebody else with this and explain how to work out	Fairly easy I could probably do this and get the right answer	Ok I'd need someone to check my calculation	Fairly hard I'd give it a go but not really sure where to start	Hard I'd find this tricky to answer without guidance	Too Hard I can't get started with this and it is stressing me out
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